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**International Eindhoven Athletics Games**  
**4 juli 2011**

**Competition information**

**Hurdle heights / Hürdenhöhen**

- 100m JC: 83.8 cm
- 80m MC, 80m JD, 60m MD: 76.2 cm

**First heights (high jump) / Anfangshöhen (hochsprung)**

- JC: 1.20 m
- MC, JD: 1.10 m
- MD: 1.00 m
- JP, MP: 0.90 m

**Weights / Gewichte**

- Javelin / Speer JC: 600gr
- Javelin / Speer MC 500gr
- Discus / Diskus JD 1kg
- Discus / Diskus MD 750gr
- Shot / Kugel JP, MP 2kg

**False starts / Fehlstarte**

- JC, MC, JD, MD: Each athlete is allowed one false start. After a second false start, the athlete will be disqualified
- JC, MC, JD, MD: Jeder Athlet ist ein Fehlstart erlaubt. Nach einem zweiten Fehlstart wird der Athlet disqualifiziert
  
- JP, MP: Athletes will be warned. No disqualification
- JP, MP: Athleten werden nur verwart. Kein Disqualifikation.

**Trials / Versuche**

- Long jump, shotput, discus and javelin: 4 trials
- Weit, Kugel, Diskus und Speerwurf: 4 Versuche

**Competitors / Teilnehmer**

- Track events: 4 competitors per team; 1 relay team,
- Bahnwettbewerbe: 4 Teilnehmer pro Team, Staffel: 1 Mannschaft
  
- High jump: 2 competitors per team. Other field events: 3 competitors per team
- Hochsprung: 2 Teilnehmer pro Team. Andere technische Wettbewerbe: 3 Teilnehmer pro Team
  
- A competitor can only take part of 2 disciplines (including relay 3)
- Jeder Athlet darf nur an 2 Wettbewerben (inbegriffen Staffel: 3) teilnehmen

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### Timetable per category

MP (girls born 2004 or later)			JP (boys born 2004 or later)		
11:45	Long jump 2		11:45	Shot put	2 kg
12:45	60 m				
13:10	High jump 1	0.90 m	12:55	60 m	
			13:30	Long jump 2	
14:20	Shot put	2 kg			
14:30	1 000 m		14:40	1 000 m	
			15:35	High jump 1	0.90 m
16:25	4 x 60 m relay				
			16:30	4 x 60 m relay	

MD (girls born 2002 and 2003)			JD (boys born 2002 and 2003)		
11:30	60 m hurdles	76.2 cm			
			11:50	80 m hurdles	76.2 cm
12:45	Discus throw	750 gr			
			12:20	Long jump 1	
13:05	60 m				
			13:20	80 m	
13:30	Long jump 1				
			14:30	High jump 2	1.10 m
14:55	1 000 m				
			15:05	1 000 m	
15:45	High jump 2	1.00 m			
			15:30	Discus throw	1.00 kg
16:35	4 x 60 m relay				
			16:45	4 x 80 m relay	

MC (girls born 2000 and 2001)			JC (boys born 2000 and 2001)		
11:30	Javelin throw	500 gr			
			11:45	High jump 2	1.20 m
12:00	80 m hurdles	76.2 cm			
			12:20	100 m hurdles	83.8 cm
13:10	High jump 2	1.10 m			
13:30	80 m				
			13:45	100 m	
			14:15	Javelin throw	600 gr
14:40	Long jump 1				
15:30	1 000 m				
			15:45	1 500 m	
			15:55	Long jump 1	
16:50	4 x 80 m relay				
			16:25	4 x 100 m relay	

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## Overall timetable

Track events			Field events		
11:30	60 m hurdles	MD	11:30	Javelin throw	MC
			11:45	Long jump 2	MP
			11:45	Shot put	JP
			11:45	High jump 2	JC
11:50	80 m hurdles	JD			
12:00	80 m hurdles	MC			
12:20	100 m hurdles	JC	12.20	Long jump 1	JD
12:45	60 m	MP	12.45	Discus throw	MD
12:55	60 m	JP			
13:05	60 m	MD			
			13:10	High jump 1	MD
			13:10	High jump 2	MC
13:20	80 m	JD			
			13.30	Long jump 1	MD
			13.30	Long jump 2	JP
13:30	80 m	MC			
13:45	100 m	JC			
			14.15	Javelin throw	JC
			14.20	Shot put	MP
14:30	1 000 m	MP	14:30	High jump 2	JD
14:40	1 000 m	JP	14:40	Long jump	MC
14:55	1 000 m	MD			
15:05	1 000 m	JD			
15:30	1 000 m	MC	15.30	Discus throw	JD
			15:35	High jump 1	JP
15:45	1 500 m	JC	15:45	High jump 2	MD
			15:55	Long jump 1	JC
16:25	4 x 60 m relay	MP			
16:30	4 x 60 m relay	JP			
16:35	4 x 60 m relay	MD			
16:45	4 x 80 m relay	JD			
16:50	4 x 80 m relay	MC			
17:00	4 x 100 m relay	JC			